Greater Huntsville Chapter, The Links, Incorporated

LINKING FAMILIES, PHYSICAL ACTIVITY & HEALTHY EATING TO COMBAT CHILDHOOD OBESITY & DIABETES

Saturday, March 10, 2012 12:00pm-3:00pm

AAMU Student Health and Wellness Center
4011 Meridian St., Huntsville

Open TO THE PUBLIC!

The Links, Incorporated
Linked in Friendship, Connected in Service
Greater Huntsville Chapter

STUDENT HEALTH & WELLNESS CENTER
ALABAMA A&M UNIVERSITY

Family Activities:

Mini Workshops on Childhood Obesity ▪ Diabetes ▪ Nutritional Education ▪ Food Demos and Samples ▪ Physical Activities such as jump romping hula hoop, line & Zumba dancing, obstacles course, bowling, Wii and Xbox challenges and much more!

For more info, please call Daniel Kasambira (256) 372-7000.